



Frank Zane's XYZ contains rare and highly effective muscle building ingredients never before used in the sports nutrition industry.

Spray dried homogenized milk: A most unique milk protein, with a complete amino acid profile, specifically manufactured to provide the body with a sustained released protein and amino acids. Zane's milk has a superior amino acid profile over calcium caseinate.

Alfalfa Protein Concentrate: Contains a high level of vegetable derived amino acids plus 13 minerals, 8 vitamins, chlorophyll, xanthophylls and omega 3 fatty acids.

Free Range / Grass Fed Fowl Yolk Protein Concentrate: A super high quality yolk protein. Provides all the nutrients and micronutrients to sustain life and cell regeneration. Triggers rapid growth of muscle cells and multiplication.

Zane's Secret Ratio of BCAA's. Everyone thinks they know the proper ratio of leucine, valine, and isoleucine. But only Frank Zane knows what ratio worked to help him achieve the most perfect physique of all time. Now is your chance to use what Zane uses! The BCAA's in this product are pharmaceutical grade.

Centrifuge filtrated immunoglobulin bovine protein isolate. A pharmaceutical USDA plant manufactured isolated protein containing an enhanced protein/peptide subfraction preparation. Responsible for raising growth hormone and specifically insulin-like growth factor 1. Extremely rare and expensive to produce and utilize in dietary supplements.

Micro filtration/bio active compounded whey protein concentrate. A true muscle building whey protein, not like typical whey concentrate. This is a selective transfer membrane system to concentrate naturally occurring bioactive components in whey.

Partial enzymatic hydrolysis insulin (olgi/poly saccharides, <23% polymerization). Part of Zane's XYZ supplement that increases overall nutrient uptake for amplified positive nitrogen in the body. Improves the balance of the body's intestinal flora by stimulating beneficial bifid bacteria. Also increases sense of better well-being.

Fucus vesiculosus. Natural aquatic natural that has been shown in studies to increase nitric oxide by 48%. Also acts as an anti-inflammatory agent.

Panax Notoginseng. Has been demonstrated in vitro, in vivo, and in human to significantly promote and improve absorption of amino acids, glucose, and vitamins. Increases the absorption of amino acids, glucose, and vitamins through the regulation and paralleled alteration on both the protein and mRNA expression levels of the Na⁺/glucose cotransporter 1 (SGLT1) gene.

Hawaiian Coffee Cherry extract. Directly imported from the Hawaiian Islands this product has been used by Frank Zane to increase body health thereby making it primed for rapid increase in muscle mass and decrease in body fat.

Oligomer amino sugars D-2-Amino-2-Desoxy-D-glucose), 3. Manufactured through a patented enzymatic process, this high tech nutraceutical has been clinically proven to relieve pain and reduce the swelling in over-worked, stressed joints associated with bodybuilding or athletics.

Frank Zane, Mr. Olympia 77, 78 and 79. His reign represented a shift of emphasis from mass to aesthetics. Zane's proportionate physique featured the thinnest waistline of all the Mr. Olympias with his wide shoulders making for a distinctive V-taper. Frank Zane earned the nickname the Chemist because he pioneered the use of supplementation. Products such as amino acids, vitamins, rare fruits, and other extracts, which were never even heard of before, Frank Zane was using and getting results from. He kept his knowledge of supplementation to himself, never before revealing to anyone what his secrets were to achieve this physique. These methods of bodybuilding and supplementation were scolded down in a small journal of formulations, statistics, and results. Mr. Zane then took his years of bodybuilding wisdom and created a supplement unlike anything that exists today. Years and years of knowledge packed into one supplement that produces results unlike anything you have ever experienced.

Now is the time to experience over 30 years of bodybuilding wisdom packed into one single supplement. No product in the history of the bodybuilding industry can be compared to this product. No supplement made before this one can claim the phenomenal amount of wisdom this product has behind it. It wasn't formulated by a guy in a suit. It wasn't formulated by a supplement company that spends millions of dollars on advertising and sponsors athletes that "say" they use the product. This product was formulated by a guy who possessed the greatest physique of all time, who pioneered the use of supplements and then took this experience and wisdom and combined them into one single supplement.

It's HIS supplement, it's HIS formula, and now you can use what Frank Zane uses.

DIRECTIONS:

Zane's XYZ is based upon 30 years of supplementation wisdom and knowledge. Follow the directions very carefully and precisely to achieve remarkable alterations to your physique. Do NOT combine with other free form amino acids such as L-Glutamine, L-Arginine or Branched Chain Amino Acids. As these products can interfere with amino acids formulation in this product and decrease utilization and performance.

Week 1 Take 1 scoop per day, at least 4 hours before you go to sleep.

Week 2 Take 1 to 2 scoops per day, at least 4 hours before you go to sleep.

Weeks 3 to 4 Take 1 scoop pre-workout and 1 scoop at least 4 hours before you go to sleep.

Mix each serving of powder with 10 to 14 oz. Milk, water, or juice. Do not combine with high glycemic beverages containing dextrose, glucose, or maltodextrin, as these products will interfere with Zane's XYZ's nutrient absorption amplifier.
CONSUME ENTIRE SERVING

RESULTS:

Week 1 results: increased energy, increased stamina, loss of body fat, intestinal relief.

Week 2 results: improved recovery, better vasodilation and increased blood flow to the muscle, decreased joint pain.

Week 3 to 4 results: increased lean muscle mass, increased strength and power, less water under the skin.

Warning: This powerful supplement should only be used by adults 21 years or over. The ingredients in Zane's XYZ although natural, may produce unwanted side effects, such as mood swings, irritability, increased aggression, and increased libido. Divide the serving size in half if needed.

Notice: Do not use as a sole source of nutrition for weight loss or maintenance. Keep out of reach of children. Store in a cool, dry place.

Allergen Information: Contains milk and soy ingredients.

Serving scoop included, but may settle to the bottom during shipping.

Consumer Affairs
 Toms River, NJ 08723
 732-920-5291

Manufactured in the USA

Supplement Facts	
Serving Size: 1 scoop (40 g)	
Servings per container: 22	
Amount per Serving	
Calories 160	Calories from Fat 20
Total Fat 2 g	3%
Saturated fat 1.5 g	8%
<i>Trans Fat</i> 0 g	
Cholesterol 65 mg	22%
Sodium 95 mg	4%
Total Carbohydrate 8 g	3%
Dietary Fiber 0 g	0%
Sugars 6 g	
Protein 26 g	
Vitamin A 0%	Vitamin C 2%
Calcium 15%	Iron 4%
* Percent Daily values are based on a 2,000 calorie diet	
Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	Less than 3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Protein	50 g 65 g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

A formulated supplement recipe based on over 30 years of trial and error experimentation from legendary bodybuilder FRANK ZANE.

Flavor: Vanilla Custard or Chocolate

Dietary Supplement

Net Weight: 2 Lbs / 908 grams

- ***Increase aorta nitric oxide production (Research Proven)***

- ***Peptides Protein Subfractions***

- ***Rare Never Before Utilized Muscle building ingredients***

- ***Nutrient Uptake Enhancer***

- ***Hawaiian Coffee Cherry Extract***

- ***Anti-inflammatory Joint Relief***

- ***Diuretic Mechanism for looking ripped***

INGREDIENTS: Zane's Private Formulation {(spray dried homogenized milk protein, alfalfa protein concentrate, ultra-filtration yolk protein concentrate, herbaceous derived amino acids {L-Leucine, L-Valine, and L-Isoleucine, (undisclosed ratio)}, centrifuge filtrated immunoglobulin bovine protein isolate (peptide growth factors, (insulin-like growth factor-1, 50mg/1g immunoglobulin, lactoferrin, cystein), micro filtration/bioactive compounded whey protein concentrate (Growth Factors (IGF-1 and TGFs) Phosphatidylserine (PS), Lactoferrin, Immunoglobulin's Phosphatidylcholine (PC), Conjugated Linoleic Acid (CLA), partial enzymatic hydrolysis insulin (olgi/poly saccharides, <23% polymerisation,)), pre-digested whey protein isolate (molecular weight average 1,400 Daltons), focus vesiculosus classified polyphenols, phlorotannin, glyco-p, ginsenosides extracted from Panax notoginseng and alcohol fraction from Astragalus membranaceous, spray dried honey, Hawaiian coffee cherry extract, oligomer aminosugars D-2-Amino-Desoxy-D-glucose), 3 full spectrum digestive enzyme blend from controlled fermentation of select microbial species from the genera Aspergillus, Rhizopus, Candida and Saccharomyces, Zane's precise vitamin and mineral blend, (ascorbic acid, DL-alpha-tocopherol acetate, retinyl palmitate, niacinamide, calcium pantothenate, cholecalciferol, pyridoxine, hydrochloride, riboflavin, thiamin mononitrate, cyanocobalamin, folic acid and biotin, natural and artificial flavor, sucralose, Opuntia ficus indica (prickly pear cactus) containing Betalains (natural pigment from this particular fruit), including highly bio-available indicaxanthin (65 to 85%). The best ingredient for reducing excess water from underneath the skin to give the muscle a ripped, tight, striated look.